

Athens, 5.4.2021

ONLINE SEMINAR

"Transcultural competence and empowerment of users and professionals of care and psychosocial services"



Home-Start Hellas, an organization active in the field of support for families with young children, in collaboration with the University of Middlesex in Great Britain (Research Center for Intercultural Health Studies) organises

An online seminar on "Transcultural competence and empowerment of users and professionals of care and psychosocial services"

The seminar will be conducted in English.

The seminar is addressed to:

- Adult users of care and psychosocial services
- Professionals who work or wish to work in the above services
- Any employee in the above services including managers and administrative staff

The seminar consists of 3 sessions of 1 hour and 30 minutes each. The first two sessions will be organized by the University of Middlesex of the United Kingdom and the third, which will operate as a workshop, will be organized by Home-Start Hellas.

	First Session 27th May 2021 (Middlesex University)
18:00-18:15	Welcome and two on-line activities requiring the use of mobile phone or tablet Professor Irena Papadopoulos & Alfonso Pezzella
18:15 - 18:45	Compassion and culturally appropriate psychological support Professor Irena Papadopoulos
18:45- 18:55	Comfort Break
18:55 – 19:15	Overview of the IENE 6 and 8 Projects KHub and curricula Professor Irena Papadopoulos
19:15 – 19:30	Questions and Answers Alfonso Pezzella and Prof Irena Papadopoulos
	Second Session, 3rd June 2021 (Middlesex University)
18:00 - 18:15	Welcome and two on-line activities requiring the use of mobile phone or tablet Professor Irena Papadopoulos & Alfonso Pezzella
18:15 - 18:45	Positive parenting for vulnerable families Dr Runa Lazzarino
18:45 -18:55	Comfort Break
18:55 - 19:10	Instructions for breakout activities Breakout rooms activity Room 1- <i>Cultural Awareness</i> : Learning and boundaries Room 2- <i>Cultural knowledge</i> : Nutrition, hygiene and health Room 3- <i>Cultural sensitivity</i> : Emotional Well being Room 4- <i>Cultural competence</i> : Confident and curious adulthood Facilitated by Alfonso Pezzella, Runa Lazzarino and Irena Papadopoulos
19.10 - 19:20	Plenary reports of activities Professor Irena Papadopoulos
19:20 -19:30	Questions and Answers Panel, Alfonso Pezzella, Runa Lazzarino and Irena Papadopoulos
	Workshop, 10th June 2021 (Home-Start Hellas)
18.00-19.30	The workshop will be built on what is discussed in sessions 1 and 2 Elena Mastoraki

Trainers

From Middlesex University UK: Professor Irena Papadopoulos, Alfonso Pezzella and Runa Lazzarino

From Home-Start Hellas: Elena Mastoraki, teacher/social worker with special knowledge on transculturalism, who will organize the workshop.

See Short CVs below.

Participation fee

There will be a symbolic participation fee of 20 euros for all three modules of the seminar. This amount contributes to the family support activities provided by Home-Start Hellas¹.

Certificate of participation

Participants will be given an online certificate of attendance if they have participated in at least the two seminars organized by the University of Middlesex.

For more details, contact hellas@homestart.org.gr and call +30 6944691355.

APPLICATION FORMS UNTIL FRIDAY, MAY 14, 2021 here:

[APPLICATION FORM](#)

Short cvs of trainers



Irena Papadopoulos, PhD, MA, BA, DipNEd, DipN, NDNCert, RGN, RM, FHEA

She is Professor of Transcultural Health and Nursing, and the Founder and Head of the Research Centre for Transcultural Studies in Health at Middlesex University, London.

She has been researching issues related to transcultural health and cultural competence for over 25 years. She is the originator of the work that led to the development of the *Papadopoulos, Tilki and Taylor (1998)* model of transcultural nursing and

cultural competence, and the Editor of the *Papadopoulos I (Ed) (2006) Transcultural Health and Social Care. Elsevier/Churchill Livingstone*3.

Since 2010 she has been researching compassion. She has coined the concept 'culturally competent compassion', as well as 'culturally competent and compassionate[CCC] leadership'. In 2018 she published her book *Culturally Competent Compassion : A guide for healthcare students and practitioners. Routledge*, which includes chapters on CCC leadership, CCC learning and practising, researching CC compassion, measuring CC compassion, etc.

She is the founder of the IENE programme (Intercultural Education of Nurses in Europe, 2007 onwards), the originator and co-ordinator of its first six projects and the originator of the 7th and 8th projects and co-originator of the 9th project. Currently she is co-ordinating the 10th IENE project. All projects have been funded by the European Commission.

During 2017 -2020 she worked on the project CARESSES (funded by HORIZON2020 and the Japanese Ministry of Internal Affairs and Communication) and developed the first

¹ Home-Start Hellas is a non-profit organization with the main purpose of supporting families who at some point in their lives need a "friend", someone who will be next to them and help them stand on their own two feet, gain confidence and improve their parenting skills. Volunteers, usually parents, who are carefully selected, trained and supervised in their work by a professional, give their time and energy to act as supporters to these families (parents and children), and to confirm that where there is solidarity there is hope for a better world. www.homestart.org.gr

ever guidelines for the production of the first culturally competent AI socially assistive robot for health and social care. She has coined the terms Transcultural Nursing Robotics and Transcultural Health and Social Care Robotics, which she hopes that they will, in the future, develop into unique disciplines.

She has authored 9 books (currently working on her 10th), over 50 research reports, more than 100 peer-reviewed articles, 48 book chapters, and has delivered in excess of 100 Keynote speeches and an additional 100 presentations in refereed conferences.



Dr Runa Lazzarino (BA, MA, PhD)

She is a socio-cultural anthropologist by training, and part of the Research Centre for Transcultural Studies in Health (RCTSH) at Middlesex University London since November 2018.

Broadly, her research interests revolve around transcultural and global (mental) health/care, vulnerable migrants (victims of human trafficking, conflict, and exploitation), social and cultural norms and determinants of health, participatory interventions and evaluations.

For her doctoral project, she conducted a multi-country study on the recovery and reintegration of human trafficking survivors (UNIMIB, 2015). In her post-doc research, at UCL and UoN, focus was on post-exploitation support needs, particularly in relation to the consequences of different types of violence onto mental and sexual health of survivors.

Since joining the RCTSH, she has been involved in several intellectual outputs of the ERASMUS+ IENE8 project “Empowering migrant and refugee families with parenting skills” – while also taking part as instructor in the MOOC of the previous IENE 7 project, around migrant caregivers. For IENE 8, she co-led with the head of Centre the development of a support and training package for health and social workers to provide culturally competent and compassionate support around parenting in refugeedom. She also contributed to other outputs, such as the creation of bite-sized learning units, the collection of refugees’ parenting stories, the design of a training guide, dissemination activities (newsletter, webinars, etc.); and she is now drafting a scientific article based on the project. At the Centre, she has also been involved in the mixed-method analysis of a multi-country online survey (with over 1200 respondents) around culturally competent and compassionate care among healthcare managers, out of which the team is publishing four scientific articles; and she has taken care of coordination, validation, and launch of a second survey around the use of social robots in health and social care (countries involved #19). In relation to this survey, she will soon be leading the qualitative thematic analysis. Finally, she played a key role in two systematic reviews in social robotics (transcultural nursing and education, both recently published). Currently, she is involved in a cutting-edge multi-method study on the provision of spiritual support during the first months of the COVID-19 pandemic in England.

Additional interests in her life include practising and studying yoga, in all its forms, and visual expression, in all its forms.



Alfonso Pezzella

Alfonso Pezzella is a Lecturer in Mental Health at Middlesex University London. Over the years Alfonso developed a strong teaching and research interest in equality, diversity and inclusion, particularly on gender, gender identity and sexuality. Alfonso is interested in the mental health and cultural differences of LGBT+ community and the experiences of coming out and LGBT+ and mental health

issues.

Alfonso is a member of the Centre for Transcultural Studies in Health (RCTSH) and he has been working on IENE projects since 2012. Alfonso is now leading on the ninth project (IENE9), which aims to develop a culturally competent and compassionate LGBT+ curriculum in health and social care.

Alfonso is the chair of the Sexuality and Social Work Internal Group, and he is also a member of various LGBT education and research groups. He is also secretary of the European Transcultural Nursing Association (ETNA).

Alfonso has a professional twitter feed [@AlfPezzella](https://twitter.com/AlfPezzella) where he enjoys bringing the community together and discuss topics regarding mental health, LGBT+, psychology and education.



Elena Mastoraki

Elena Mastoraki, MASW, PhDc, has been working for more than 30 years in public secondary education, the last 14 of which in special secondary vocational education, either as a class teacher or as a Vocational Guidance counselor or as Director of the respective school units. In particular, her specialization and service in Vocational Guidance / Career Counseling for adults and minors, as well as special groups, provided her with opportunities not only for the multifaceted theoretical study of the field but also for dealing with the challenges and complex issues in work practice. Her basic studies are related to the fields of Social Work, Sociology and Pedagogy, while her

postgraduate studies are related to the fields of Social Administration, Personal and Professional Development and Vocational Orientation. Her scientific interests and publications concern adult education, intercultural education, education of educators in the social and pedagogical fields and design and assessment of educational programs. Her concerns in daily practice in recent years revolved around the management of the school unit as a Learning Organization (development of democratic learning communities) and Career Counseling as an "intercultural-relational".